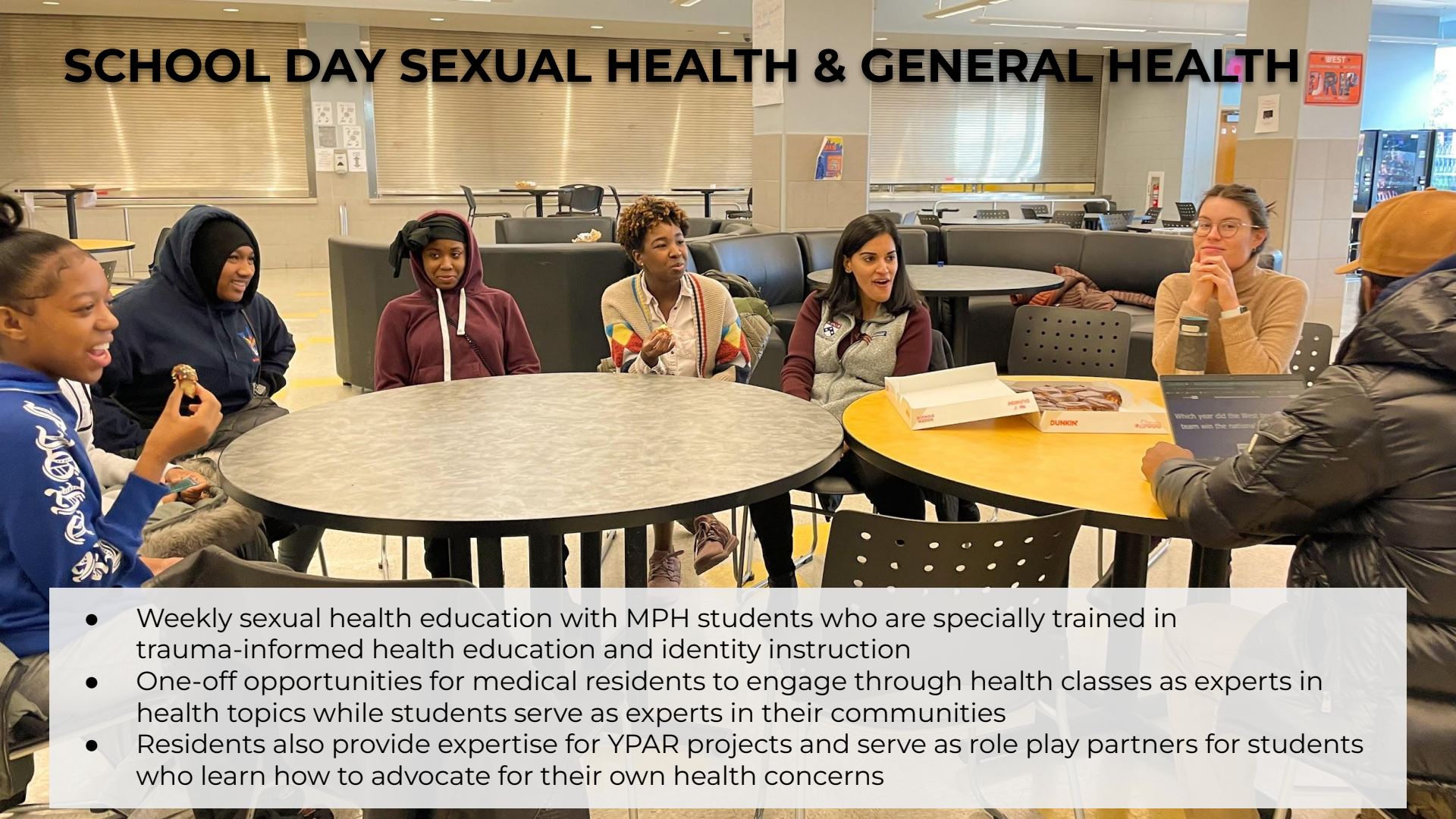


SCHOOL DAY PHYSICAL EDUCATION



Penn students, many of them from the School of Nursing ABCS class Obesity & Society, provide curricular and environmental support in Physical Education classes every week. Students also provide support for Field Days at each UACS K-8 school each semester.

SCHOOL DAY SEXUAL HEALTH & GENERAL HEALTH



- Weekly sexual health education with MPH students who are specially trained in trauma-informed health education and identity instruction
- One-off opportunities for medical residents to engage through health classes as experts in health topics while students serve as experts in their communities
- Residents also provide expertise for YPAR projects and serve as role play partners for students who learn how to advocate for their own health concerns

SCHOOL DAY RECESS

- Recess is a uniquely accessible way to provide sport-specific exposure
- Programs provide high-intensity cardiovascular engagement, are genuinely useful to school partners, and help students with emotional regulation
- Programs must be carefully tailored to be successful
- Penn students view participation in recess as a reward for continued engagement with Sports, Fitness & Health programming
- Sports at recess can help build school-based afterschool programs
- Recess is FUN!

